

# The Saying of the People of Tawhīd and Īmān

## Versus the Saying of the People of Kufr, Shirk and Ilhād — 05

بِسْمِ اللَّهِ وَالْحَمْدُ لِلَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ وَبَعْدُ:

**Note:** Please read the series introduction first, available here:

<https://abuiyaad.com/a/darwinian-virology>

### ON THE CALL TO SUPERSTITION, OMENS AND WHISPERINGS OF THE DEVILS: PRETEND AND ACT AS IF YOU ARE WALKING TALKING DARWINIAN CONTAGION

The saying of the people of Tawhīd and Īmān is that a person’s default is that he is **innocent, pure and healthy** until proven otherwise, until **actual** and **apparent** illness is observed and established, as has been explained by Shaykh al-Albānī (رَحْمَةُ اللَّهِ) and as is obvious in **fiṭrah** and **‘aql**.

As for the saying of the contemporary Darwinian Socialists, Eugenicists,

Evolutionary Biologists, Priest-Scientists and Prognosticators, it is that **all healthy, disease-free men, women and children in a population** are potential carriers of “dangerous mutations”, and are considered “contagious” by default, just like the sick, *until proven otherwise*.



This has never been known in history and nor is it found in the principles of medicine itself, not even in past outbreaks of disease, in epidemics or pandemics.

This is an alteration of the realities in Allāh’s creation and is not found in what He revealed to His Messenger (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ).

### 1. Please refer to previous parts in this series for background information.

2. The above headline is an example of the promotion of **fear propaganda** that invites and draws **the whispering (waswasah) of devils** into the hearts and minds of men, in what leads a person to **baseless thoughts, belief in omens** and **actions of insanity**.

“**Act like you’re carrying a dangerous coronavirus mutation — because you might be**” it reads.

The notion of an “asymptomatic carrier” was invented by the **animal pus-pushers** in the early 20th century to expand the market and widen the net for their serum injections. This was noted and documented at the time.

This idea is only made possible on the basis of the pseudoscience of Virology, resting on Darwinian Evolution, the Modern Synthesis of **mutation and selection**, a fancy, imaginative idea of the 20th century, no longer having any basis in reality in the 21st century.<sup>1</sup>

Covid-19: Act like you've got the virus, government urges

🕒 1 day ago



Coronavirus pandemic

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<sup>1</sup> On the web page of the National Human Genome Research Institute, in an article from 2002, after the sequencing of the genome, it is stated:

The **conceptualisation** behind the above headline has its roots in the materialist philosophies of the 19th and 20th century that gave rise to the pseudoscience of evolutionary biology, and—with the frauds and swindles of **Louis Pasteur** and **Robert Koch**—the germ theory. After the bacterial causation of disease—as in primary, root cause of disease<sup>2</sup>—was conclusively disproven in the early 20th century, along came its successor, “Virology”.

The mental and physical behaviours being requested in these types of headlines are founded upon these pseudosciences and refuted dogmas.

These headlines clash with the Tawhīd of the Messengers because they draw people into **superstition, omens and whisperings** and there is found speech from the scholars of Islām and Sunnah on this matter. We have cited previously from the likes of **Abu ‘Ubayd al-Qāsim bin Sallām, Ibn al-Qayyim, Ibn Rajab, Sulaymān bin Ḥamdān** and **al-Albānī** as it relates to excess and exaggeration in this matter.

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“When the human genome consortium concluded last year that the human sequence contains only 30,000 to 40,000 protein-coding genes, the news elicited a collective international gasp. Humans, it seems, have only about twice as many genes as the worm or the fly, and fewer genes than rice. Many wondered how human complexity could be explained by such a paucity of genes. The prediction has since been the subject of debate with some researchers suggesting much higher gene counts. The human-mouse comparison will likely put the yearlong speculation to rest, indicating that if anything, the gene numbers may be at the low end of the range. Today's paper suggests that the mouse and the human genomes each seem to contain in the neighborhood of 30,000 protein coding genes.” Refer to: <https://www.genome.gov/10005831/2002-release-the-mouse-genome-and-the-measure-of-man>

<sup>2</sup> Bacteria are not primary, root causes of disease, but are consequentially involved in disease processes. The activity of bacteria is determined by the terrain, and their function is janitorial in nature.

What is in the above headline is a reversal of that with which Allāh (عَزَّوَجَلَّ) sent His Messenger (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), it is futile (bāṭil) and no intelligent person accepts it.

Precaution is from that which is **actual** and **apparent**. What is besides that is the whispering of the devil, to use the speech of Shaykh al-Albānī (رَحْمَةُ اللهِ عَلَيْهِ).

In fact, it is numerous layers of bāṭil, stacked on top of one another, starting with atheistic materialist philosophy, disproven theories of disease causation, the random mutation and natural selection doctrine, “asymptomatic carrier” fraud, and various affairs that follow on from here, which we have discussed previously.

**3.** In the early 20th century, when these doctrines were being shaped and directed for future large-scale commercial interests, **the intelligent and scrupulous physicians** among the non-Muslims recognised what was taking shape and remarked appropriately that **“germs” are just a replacement for the evil spirits, ghosts and witches of centuries bygone.**

But in any case, the bacteria are not the primary cause, but rather the effect, of disease, and in a proper understanding of their true functioning one may lose some of the terrifying effects of the Pasteurian teaching. This aspect of it was very well expressed by Dr. Park L. Myers of Toledo, Ohio, when addressing an assemblage of his colleagues a few years ago: “With all the wonderful strides of our medical science in 100 years, we still have the public as abjectly cowed today before the omnipotent hosts of bacteria as it was by the evil spirits and ghosts and witches of a past century.”<sup>3</sup>

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<sup>3</sup> “The Medical Voodoo, Annie Hale (New York, 1935).

4. Disease—of the acute type— is a state that arises in a body, it is multi-causal, multi-factorial.

**Bacteria** and what are mistakenly called “**viruses**” play a role in restoring that state to normality, through complex, coordinated systems. **Bacteria** are **waste recyclers** and “**viruses**” are **communications messengers** and **transport vesicles**.<sup>4</sup>

They are involved in the symptomatic resolution of acute illness but they are not root causes of disease.

The restorative process is in-built, pre-programmed by Allāh (عَزَّوَجَلَّ), who is the True Healer. The physician is simply a facilitator who eases the passing of these symptoms in these acute phases of disease, such as colds, flus and the likes. And this meaning was explained by the Messenger (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ) to Abū Rimthāh, when he said: “*Allāh is the Ṭabīb, you are merely a man who shows gentleness, it’s Ṭabīb is the one who created it.*”<sup>5</sup>

This process of acute disease for emergency elimination of toxicity and excess waste—when the **liver** and **kidneys** have been burdened— is usually straightforward, without complication.

The resulting symptoms bring some days of discomfort, **with manifestation of fever, headache, cough, sneezing, aching of the limbs** and the likes.

However, in some people— [due to damage inflicted on the body and its systems through years or decades of chemicalised, devitalised food, blood assassination through injection, accumulation of malformed proteins, effects of powerful synthetic drugs on the body’s biochemistry, inflammatory foods, unclean toxic air, pollution through heavy industry and so on, and

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<sup>4</sup> And in another view, they are nothing but cellular debris and genetic fragments which are misinterpreted and mislabelled.

<sup>5</sup> Ṣaḥīḥ Sunan Abī Dāwūd, no. 4207.

violations in habits and lifestyle]—their restorative functions can go haywire, hyper-react and cause severe disease whose complications can lead some people to death.

**In all of this, no external “pathogenic” virus is needed to explain anything.**

In such people it is simply a misfiring of the “immune system”, a hyper-reaction, the messaging systems malfunction—for reasons that have got nothing to do with any external virus— and this leads to hyper-inflammation in some people that can cause damage to organs such as lungs, and lead to other disease states.

We do not need to invoke an evil spirit, a demon or magic to explain why a person is behaving strangely and saying strange things with our knowledge that he consumes alcohol or sniffs drugs that befog his mind. In the same way, we do not need to invoke ~~ghosts, witches, goblins~~, external “viruses” to explain disease and its processes, and nor to explain how severe complications arise in certain categories of people.

5. However, the germ theorists, microphobes and virus hunters did their utmost to tie disease **only to the germ, the virus, the invisible external enemy, the microscopic terrorist**, in a one to one causal relationship, so they could peddle their **calf-pus serums** while they dismissed and mocked any mention of the true underlying causes of diseases.

**In this manner, responsibility for one’s own health was snatched away from the individual, and made totally dependent on the sale of “immunity” by the serum pushers, resembling the sale of atonement and salvation by the clergymen of Christianity.**

“Immunity” cannot be injected into anyone any more than intelligence can be put in a syringe and injected into an idiot.

**This is known through ḥiss and wāqī’, through direct experience and actual realities.**

Outbreaks of disease routinely take place in fully injected populations and in schoolchildren and one can find innumerable examples on the PubMed database as well as media reports.

**6.** From the tactical methods of the pus-pushers during the 20th century was the use of the spurious “**herd immunity**” doctrine to explain away recurring “vaccine failure”.

It’s reached at 67% vaccination they said, then 75%, then 80%, no 95%, and now, they’ve taken it to 100%.

Now you need a 100% injected population before the injection can work. No return to normal until 7 billion are vaccinated as declared by Bill Gates who is on video saying that his \$20 billion investment in vaccines will return a ten-fold profit of \$200 billion. Pandemics are great for some people.

“Herd immunity” is very clever marketing, because it can be used to blame those who refuse to have their **blood, tissue** and **nervous system** assassinated and poisoned and set up for future gradual deterioration. The “herd immunity” idea can be used to create strong **social disapproval** and **social pressure**, methods used by the Communists and Socialists as tools of compliance, especially when “immunity” is tied to the vaccine and the vaccine alone.

**7.** As we explained in previous articles, the mislabelled “virus” is not a cause of any disease. What is being detected in samples from patients is the breakdown product, the end-result of the disease process itself, **it is the effect of disease.**

The genetic fragments and proteins detected are abstracted into a “virus” and **nomenclatures, family names** and

**subdivisions** are created based on what sequences and proteins are detected in the expelled, unwanted, dead, inert material.

**The given genomes are theoretical and not real, actual. They do not represent genomes of completely isolated, purified, whole, intact “virus” particles.**

This is purely a mental construction based upon guesswork and use of computer software.

There is never any whole, intact, so-called “infectious” virus in any sample, it can never be detected because direct detection is not possible, as clearly stated in virology text books.

The “virus” has never been seen directly from a sample which has not first been **adulterated** and mixed with **animal tissues** and **serums**, such as those of the **monkey kidney** and **calf serum** and then **strong, poisonous antibiotics** are added to the mix too.

As for the alleged pictures of viruses as observed through electron microscopy, then they are just **microvesicles**, such as **exosomes, endosomes** and **ectosomes**, and these vesicles also form when a cell undergoes death and dissolution, in preparation for its elimination through its routes and pathways, involving what we called the apparatus of the “immune system”. These vesicles are mistakenly or deceptively presented as “viruses” when viewed under microscopes.

There is no connection proven or established in any scientific manner whatsoever, between the images of the objects shown alleged to be “viruses” and the genetic material that is detected in the samples and from which a “genome” is constructed.

**This does not exist except in the mind of the one who does not know the difference between science and illusions, make-believe, between the actual scientific method and rote procedures carried out with devotion in laboratories.**

In the samples extracted from people, the genetic material is simply a **hotch-potch of breakdown material** that comes from the **cell nucleus, mitochondria** and **bacteria** as well as toxins, waste materials, and the no longer needed elements of the immune system that were utilised to run the foreground program that we call a “cold” or a “flu”.

**This is all eliminated in the medium of pus.**

The virus is abstracted and defined into existence.

Further, because this material is from the self, these same genetic fragments will be found in healthy people as well.

The genetic material detected has no causal connection whatsoever to disease. It is dead, inert material.

And it is here where the “**asymptomatic carrier**” scam becomes evident. **No alleged virus is being detected in the healthy, it is their own genetic material.** The same as what is expelled in people who undergo a “cold” or a “flu”. Save that in the person undergoing a foreground repair program to eliminate toxicity and excess waste, much more of this material will be detected.

**8. All scientifically valid, real world experiments—[as opposed to pseudoscientific quackery conducted in the laboratory with monkey kidneys, foetal cells and bovine pus]—show that there is no contagion through “germs” and that there is only susceptibility to disease on the basis of one’s internal terrain.**

That is determined by a variety of factors.

This was already firmly established by the first two decades of the 20th century through experiments, which we have never heard of because they were never placed in the textbooks and nor taught at any level.

The battle between fraudsters such as **Louis Pasteur** and **Robert Koch** against the likes of **Claude Bernard** and **Antoine Bechamp** continues today in the opposition between fraudsters and money-men like Anthony Fauci and Bill Gates on the one hand and genuine scientists like **Kary Mullis** on the other—and he is the inventor of the RT-PCR procedure which is being used fraudulently to prop up the pseudoscience of virology, omens in contagion and to generate fake, inflated number counts of “cases” during epidemics.

Whoever cannot tell the difference between these two sets of men in the worldly sciences is no different to the one who cannot tell the difference between **‘Amr Khālid the Egyptian storyteller** and **Imām Ibn Bāz, the great and mighty scholar** in matters of religion:

As we said above, dozens of experiments had already disproven the germ theory of disease in the first couple of decades of the 20th century:

Numerous experiments are reported in the literature by reliable bacteriologists, wherein the attempt was made to produce disease in healthy persons by feeding them the supposedly causative germs in food and drink; and by swabbing the air passages of their throats and nostrils with the germ culture—and in no single instance did the disease develop.

Dr. John B. Fraser, M.D., of Toronto, reported 45 such experiments with typhoid germs put into water, milk, bread, cheese, meat, fish, headcheese, butter, etc.; 19 experiments with pneumonia germs; a total of 40 experiments with diphtheria germs—which were not only given in food and drink, but millions were swabbed in the nose and throat, and every facility given them to develop; 19 tests with tubercle bacilli, 11 with germs of spinal meningitis, and 10 with mixed germs, but

all failed to produce any effect. Dr. Fraser says: “These tests were made scientifically, and part of the germs were grown from stock-tubes furnished by one of the best known laboratories in North America. These are *facts*, not opinions.”

Dr. Fraser’s experience with these tests was repeated in attempts to transmit influenza to healthy and supposedly “non-immune” human subjects at the U. S. Quarantine Station on Gallupa Island near Boston in December 1918. The subjects of experiment were 68 volunteers from the U. S. Naval Detention Camp on Deer Island, Boston, and the experiments consisted of inoculations with pure cultures of the *Pfeiffer bacillus* (influenza germ), with secretions from the upper respiratory tract, and with blood from typical cases of influenza. Thirty men were inoculated by spray, swab, or both, of the nose and throat, and in no instance did influenza develop in any of them—not even when exposed to persons suffering from the disease.

Similar experiments were made with 50 men at Angel Island, San Francisco, the same year; and a report of these experiments was published in Government Bulletins No. 57 and No. 123 by the Navy Department Bureau of Medicine and Surgery, Division of Sanitation.

These experiments, together with the fact that there is no escape from germs, that they are with us always—in us, around us, above and beneath us—should convince any reasoning intelligence that old Pettenkofer was right in saying that germs are not the important factor in disease, that “it is the disposition of the individual that counts.”<sup>6</sup>

In other words, the “germ” is not the primary determinant of disease, but it is the **terrain** itself, the internal state, its accumulation of toxins from air, water and food, built-up waste, morbid material from dead cells or tissue and so on. There are

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<sup>6</sup> The Medical Voodoo, Annie Hale (New York, 1935).

many things that affect the internal terrain, and it is the state of the terrain that attracts bacteria—already in the body—for **biologically meaningful purposes** and **end-goals, wisdoms**.

Terms such as “opportunistic pathogens”, or “opportunistic bacteria”, this is the saying of the disbelievers and atheists within the setting of evolutionary biology. Rather, these micro-organisms do what they are programmed to do by their Creator.

They are not “opportunistic” primary agents of disease. This is the conception of the people of disbelief because they ascribe agency to bacteria and

Restaurants & Bars

## Why Opening Restaurants Is Exactly What The Coronavirus Wants Us To Do

Governors continue to open indoor dining and other activities before vaccinations become widespread.

what they wrongly label as “viruses”. They animate them, giving them consciousness, thought, choice, intent,

intelligence and so on, and say that they are the products of evolution, of mutation and selection, and that their primary goal is to survive, reproduce and keep propagating and that they seek hosts, animals and humans in order to do so.

All of this is false.

9. The author of the article whose headline we mentioned at the beginning wrote a very nice convincing Darwinian, evolutionary story, which goes as follow:

We might not know what the next variant is going to be but we can predict the outcomes of viral mutations.



Let's suppose I have COVID-19, and a new variant emerges in

my body that is much more contagious than earlier forms of the virus.

For new variants to emerge, it helps if they can escape their host’s immune responses. To escape immunity and acquire new attributes, this virus has already been accumulating mutations for a year outside my body: one to two mutations a month, long before I got infected. Once it gets inside, it mutates again. The effect of many mutations accumulated over time lead to the formation of a slightly altered virus, known as a variant. Multiple mutations can even lead to new strains.

So what might my variant look like?

Possible upgrades could include improved binding to cells for more efficient infection, faster replication, increased ability to get around immunity, production of more viruses that reach mucosal sites, such as the airways or the intestines, reduction of direct cell-killing by the virus which leads to prolonged infection, milder infection that allows an infected person to continue to mingle with others, increased stability outside the body, or enhanced infectiousness for younger or older hosts.

All of these are examples of single tweaks that could give rise to a variant of concern and a more contagious virus.

Why does this matter? Because my new version of SARS-CoV-2 could be like the UK variant – more transmissible and with a potentially increased risk of death.

This is no cause for panic, but both scientists like me and the general public have a role to play in the dance between variants and vaccines and there are simple things we can do to prevent a new form of the SARS-CoV-2 getting out of hand.

By now, the reader who has been following this subject with us will be able to see straight through this Darwinian story.

The following should be noted:

—a) There is no such thing as a mutant “strain” or “variant” in dead, inert material, it is a figment of the imagination made to appear tangible and real through technological trickery.

—b) There are no “mutations” taking place, rather with the high degree of similarity in the genome, there is also a natural variation in genetic sequences between people. In the **dead, inert, material** found in samples, “variations” are going to be found between people and even between samples taken from the same person at different time. These are picked up, and placed in a database, keeping in mind that all these genomes are theoretical, not actual. They are constructed with guesswork and computer software. This is because no virus is ever isolated and purified with the proper meanings of these words.

—c) Computer software is then used to model some of these “variant” sequences. They look at them and say that this particular “variant” shows some modifications which they arbitrarily decide are going to make the alleged “virus” more “contagious”.

**There is no connection to actual physical reality. It is all based on theorisation, based on computer modelling.**

As we said before, this is a sophisticated, technical form of deception by which many people are tricked, including those who work in labs, blindly following procedures.

—d) This is presented by the writer of this evolutionary story as “a dance between mutant variants and the vaccine” as if to present the vaccine as the only way to fight against what is in reality just dead, inert material, the end result of a manifestation of Allāh’s mercy, through emergency foreground programs that are called “colds” or “flus” today and which used to be called ḥummā (fever) or zukām (cold) in the past.

They make it appear as if a vaccine is the only way to prevent an illness. This is the saying of the ignorant who do not know medicine as stated by Ibn Taymiyyah about those who insist that disease only has one specific cure:

As for the saying of the physicians that a person will not be relieved of this disease except through this specific medicinal treatment, then this is the saying of an ignoramus. It is not said by the one who knows medicine, let alone knowing Allāh and His Messenger. For cure is not in any one specific cause which necessitates it customarily.<sup>7</sup>

And this is about treatment of actual disease, after it occurs, not prevention of disease.

Acute disease (such as a “cold” or “flu”) can be averted by a variety of means and from them is **du‘ā**, on its own, as an independent means without anything else. And from them is **hijāmah** which purifies the blood and saves the body from triggering foreground programs such as “colds” and “flus” or which at least reduces their frequency, among many of its other benefits. From them is **changes in dietary and lifestyle habits** and from them is **reducing exposure to environmental toxins** and **electromagnetic radiation** and so on.

**10.** We repeat once more, for reminder benefits and cements things in the mind:

The saying of the people of Tawhīd and Īmān is that Allāh created the body upon **balance, homeostasis, equilibrium** and violations in diet, habits and lifestyle, coupled with external factors can lead to the execution of **short-term emergency programs** for cleaning, healing and repair. From them is fever and

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<sup>7</sup> See Majmu‘ Fatāwā (24/274).

whatever is frequently associated with it of other symptoms and what we call “colds” and “flus” today.

Ibn Rajab al-Ḥanbalī (رَحْمَةُ اللَّهِ عَلَيْهِ) said<sup>8</sup>— referring to the statement of ‘Ā’ishah (رَضِيَ اللَّهُ عَنْهَا) regarding Madīnah: “... it was the most unhealthy (awba) of Allah’s lands”— explaining what causes fever:<sup>9</sup>

That which is meant by ḥummā (fever) in this ḥadīth is the wabā, which is the unhealthiness of the land, its corruption and the corruption of its water and air which necessitates illness.

The Messenger (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) said:

الْحُمَّى حَظُّ كُلِّ مُؤْمِنٍ مِنَ النَّارِ

“Fever is every believer’s share of the Hellfire.”<sup>10</sup>

And Abū Hurayrah (رَضِيَ اللَّهُ عَنْهُ) said:

مَا مِنْ مَرَضٍ يُصِيبُنِي أَحَبَّ إِلَيَّ مِنَ الْحُمَّى، لِأَنَّهَا تَدْخُلُ فِي كُلِّ عَضْوٍ مِنِّي، وَإِنَّ اللَّهَ عَزَّ وَجَلَّ يُعْطِي كُلَّ عَضْوٍ قِسْطَهُ مِنَ الْأَجْرِ

“There is no illness that afflicts me which is more beloved to me than fever, because it enters every limb within me, and Allāh (عَزَّ وَجَلَّ) gives every limb a share of reward.”<sup>11</sup>

<sup>8</sup> Majmū‘ Rasā’il Ibn Rajab al-Ḥanbalī (2/382).

<sup>9</sup> The city of Madīnah was known for its unhealthy climate. People would suffer from fever frequently. The Prophet (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) made du‘ā for it to be moved to another placed, al-Juḥfah, outside of Madīnah.

<sup>10</sup> Ṣaḥīḥ al-Jāmi‘ al-Ṣaḥīḥ (no. 3187) declared ṣaḥīḥ by Shaykh al-Albānī.

<sup>11</sup> Al-Adab al-Mufrad (no. 503).

And similar statements are mentioned by Ibn Rajab al-Ḥanbalī from Abū al-Dardā and al-Ḥasan al-Baṣrī to the effect that a night’s fever is an expiation for prior sins, or a year’s sins.<sup>12</sup>

Colds and flus are **in-built, pre-programmed biologically meaningful foreground repair programs** triggered by numerous factors, internal and external, including seasonal stimuli and environmental conditions and influences.

**Physiological waste inclusive of genetic material from cell debris is excreted thereby**, through all its various routes: sputum, stool, urine, sweat, cough, sneeze, runny nose and so on and **enervation**<sup>13</sup> is released from the body.

What is being expelled is **dead, lifeless, inert material**. This is a blessing from Allāh (عَزَّوَجَلَّ) and for the majority of healthy people, it is just some days of discomfort and a cleansing, a purification. For others, already burdened with disease, it can be the route for their appointed time, by Allāh’s decree.

As such, these symptoms are all **biologically meaningful and purposeful** and they point to Allāh as the true Healer and the Giver, Taker and Reviver of life.

All of this comes under the names of Allāh, **al-Muhyī** and **al-Mumīt** and **al-Shāfi**. He is also described as **Ṭabīb**, and this also comes under the statement of Ibrāhīm (عَلَيْهِ السَّلَامُ):

وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ

**And when I am ill, it is He that cures Me” (26:80).**

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<sup>12</sup> Majmū‘ Rasā’il Ibn Rajab al-Ḥanbalī (2/376).

<sup>13</sup> Enervation is the sapping of energy and vitality by things such as emotional trauma, heightened levels of anxiety or the intense heat of the sun. These things have an effect upon the nervous system, the flow of energy, electricity in the body, which in turn affects many other processes.

The body has been pre-programmed with in-built repair and healing mechanisms initiated by stimuli and triggers, and it is Allāh who is the Healer in reality, because He placed these inherent capabilities in the body.

Ibn al-Qayyim (رَحْمَةُ اللَّهِ) said:<sup>14</sup>

What makes this clear is that sins (sayyi'āt, dhunūb) are diseases of the heart, just as fever and ailments are diseases of the body. The ill person when he recovers completely from his illness, his strength returns back to him, better than what it was before, as if he had never become weak at all. Thus, prior strength (in health) is at the level of righteous deeds, and illness is the at the level of sins, and health and well-being [thereafter] are at the level of repentance, these [stages] being like for like.

**11.** The final word, once again, must go to Shaykh Ḥāfiẓ al-Ḥakamī (رَحْمَةُ اللَّهِ) for there are no words more appropriate than these:

**The intent is that the negation of contagion is absolute, it is upon its totality** and within it is singling out Allāh (سُبْحَانَهُ وَتَعَالَى) with full disposal [of all affairs] in His creation... And within that lies strengthening of the heart of the believers, aiding of them with the strength of reliance and soundness of certainty, and proof for them against the polytheists and all of the stubborn opposers.<sup>15</sup>

Abu 'Iyaad

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<sup>14</sup> Al-Wābil al-Ṣayyib (p. 25), I thank the brother who brought this to my attention, jazāhullāhu khayran.

<sup>15</sup> In “Ma'ārij al-Qubūl”.